

# Association of Natural Health's Annual Natural Health Care Conference



## “Stopping the Symptom Cycle”

**Nov 2-4, 2017, Thurs. eve through Saturday  
6700 Church St., Douglasville, Ga. 30134**

This event is the highlight of the year for many natural health care practitioners and advocates. This year an amazing group of industry professionals will join us to speak on a wide range of topics. Why not join us? Become more effective, and get recharged and motivated!

## FEATURED SPEAKERS



### Niki Gratrix

Niki is an award-winning registered nutritionist, mind-body expert helping people to optimize energy. She writes for a range of health magazines and speaks internationally at health conferences, and on radio and TV shows. Niki will be speaking on **“The Power of Relationships in Health and Healing”** on Thursday night’s program. She will speak again during the Professional Event on **“Bringing the Heart Back into Healthcare: Expanding our Understanding of Root Causes of Complex Illness.”** In these presentations she will share fascinating research into how social relationships impact health throughout a lifetime and will present the psychological and energetic aspects, alongside biochemistry, and how to become a more heart centered practitioner.



### Jason Prall

Jason is a very talented Longevity Practitioner, host of “You, Optimized. Radio” and anti-aging documentary film maker. He will bring his his unique perspective (as a former engineer) on circadian rhythms, mitochondrial function, and anti-aging when he presents **“Longevity in the Modern World”** during the Professional Event Nov 3-4. He will also give us the inside scoop on his exciting film making project which is set to uncover the complex mechanisms of chronic disease and aging and the true nature of longevity in our modern world.



### Carolyn Gross

Carolyn is the author of three wellness books and has been featured on ABC, NBC, and Lifetime TV. As a cancer center patient advocate, and natural health educator her goal is to inspire people to make informed decisions about their health and the power of mindset. Since stress is the primary onset of many degenerative conditions, she deals with this issue head on in her presentation “Managing Chaos with Compassion”

**Further event & registration info on next page!**



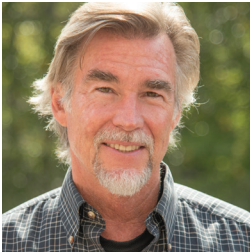
## FEATURED SPEAKERS



### James Hawver

With over 40 years in the natural health care field, talented Naturopath, James Hawver has a thriving clinic and practice in the Atlanta area. He is also the Co-founder of the AONH and a world renowned speaker on natural health.

James will be speaking on “**Ending the Over Medicating of the Planet: Stopping the Symptom Cycle**” He will show us how to take the fear out of scary health labels and how to “roll our sleeves up” and get to work removing symptom by symptom.



### John Easterling

John’s career has been an eclectic homage to his love for the planet. His degree is in Environmental Studies but that was just a launchpad to treasure hunting, his love for the rainforest, and becoming an expert in mind-body wellness. This makes him the perfect person to speak to the AONH on “**Practicing with a Purpose**”. Helping us realize how being authentic and passionate is key to developing a successful practice and for our personal development.



### Reed Sainsbury

Reed is an ANMA board certified naturopath in the state of Alabama. He’s owned and operated a very successful healing clinic there for over a decade. He is also author of the highly acclaimed book “Healing Poisoned Medicine”.

He will share his no-nonsense, common sense approach to the subject of “**Maximizing Your Immune System Potential.**”



### Sam Abukittah

Sam is the Founder and President of the AONH organization, General Manager of Standard Enzyme Company and President of EuroMed Global. He’s a tireless advocate for natural health care with great vision.

He will speak to the Professional Event audience, Nov 3-4, on what the vision and scope of the AONH in 2016/2017 and going forward.



### Abdel Akhalouf

Dr. Akhalouf, PhD, is the AONH Director of Research and Development and the Director of the Bremen Health Clinic. He will chair a very useful discussion on “**Health Care’s Changing Landscape Needs New Natural Health Technologies.**”

The presentation will discuss what is new and effective in the natural health field and how practitioners can practically use these technologies.

**Registration Required: Students: \$79, AONH Members: \$240 Charter/Elite, \$280 Select, \$315 Associate Non-AONH Members: \$350 (Event includes 2 healthy lunches and coffee & herb breaks).**